

SCHEDULE

PRE-CONFERENCE
4.19.18
3 CEUs

12:30 P.M. - 1:00 P.M.

- Registration

1:00 P.M. – 4:00 P.M.

- Musical Solutions: Therapeutic Applications — Janalea Hoffman

CONFERENCE
4.20.18
9 CEUs

8:00 A.M. - 8:30 A.M.

- Registration

8:30 A.M. - 10:00 A.M.

- The Theory and Application of Trauma-Informed Art Therapy. — Erika Poling

10:00 A.M. - 11:30 A.M.

- Mindfulness-Based Stress Reduction: Research and Practice — Dr. Whitney Jeter

11:30 A.M. - 12:00 A.M.

- Lunch Provided

12:00 P.M. – 3:00 P.M.

- Positive Psychology Interventions for Treating Anxiety and Depression. — Dr. John Wade assisted by Clarie Koehn & Stephany Ponciano

3:00 P.M. - 4:30 P.M.

- Investigation of Unprofessional Conduct Complaints from the Regulatory Perspective— Max Foster, Jr.

4:30 P.M. - 6:00 P.M.

- Systematic Methods for Evaluating and Resolving Ethical Dilemmas — John Caporale, Ph.D., LCP

KAMP

KANSAS ASSOCIATION OF MASTERS IN PSYCHOLOGY

2018

Spring Conference

April 20th Wichita, KS



Our Speakers



Janalea Hoffman



Erika Poling, ATR,
MAAT, LCPC [Illinois]



John C. Wade, Ph.D.



Whitney Jeter, Ph.D.



John Caporale, Ph.D.,
LCP

Location

Saint Francis Community Services
Wichita Office Conference Room
4155 E Harry St,
Wichita, KS 67218

Register Online at www.KAMPKS.org

For any questions contact us at admin@kampks.org or 785-577-5728

About the Speakers and Presentations



Janalea Hoffman is known for being a pioneer in the field of Music Therapy. She has had a private practice for many years and does consulting for individuals and groups on how to use music as a healing tool. Hoffman has written a book, *RHYTHMIC MEDICINE—Music With A Purpose* and published 14 therapeutic music CDs. She has a master's degree in Music Therapy from the University of Kansas and a Performance degree in Music from the Kansas City Conservatory of Music.

Hoffman's work has included developing music and techniques for specific medical use, such as Musical Biofeedback and Musical Acupuncture for moving energy in the body both in a physical and emotional way. Hoffman received the Madonna Spirit Award from a large hospital for her innovative work with music and medicine. She gives many workshops and lectures on different aspects of Music Therapy, such as Music and Dementia and Music and Autism to name a few.

Musical Solutions: Therapeutic Applications—Objectives: 1. Participants will be able to describe how 50 beats a minute music effects people physiologically. 2. Participants will be able to list 3 ways that music effects the brain. 3. Participants will be able to describe how music can effect our immune system. 4. Participants will be able to list 3 ways that music can help decrease agitation and anxiety. 5. Participants will be able to describe how the Native Flute can help raise self esteem. 6. Participants will be able to list 2 ways that the amythest biomats can calm agitation and decrease anxiety.

Erika Molina Poling, ATR, MAAT, LCPC [Illinois], is a licensed art therapist providing group, individual, and family art therapy at Saint Francis Community Services. Poling, originally from the border city El Paso, Texas, received her Bachelor of Arts at Texas State University in San Marcos, majoring in Fine Art and minoring in psychology. Poling completed her graduate studies at the School of the Art Institute of Chicago, where she earned a Master of Arts in Art Therapy. Her thesis focused on the use of installation art with traumatized youth. After completing her graduate studies, Poling began working as a caseworker and art therapist at Thresholds, a community mental health agency that provides healthcare, housing, and hope for adults with severe psychiatric and substance use disorders. In 2015, Poling was promoted to a full-time art therapist position and provided services at Thresholds' downtown Chicago art gallery and studio. Poling is a member of the American Art Therapy Association, and she has facilitated didactic trainings and guest lectures at the University of New Mexico, Bethany College, Salina Regional Health Center, and with Salina Arts and Humanities. She has also been featured in the Salina Journal for her work at Saint Francis. She maintains an active Licensed Clinical Professional Counselor license in Illinois and has been nationally certified as an Art Therapist - Registered (ATR). As an art therapist, Poling works from a trauma-informed and developmental approach to help those struggling with mental, emotional, and physical challenges learn to cope with adverse experiences and express feelings safely.



The Theory and Application of Trauma-Informed Art Therapy—This presentation will provide an overview of the mental health profession of art therapy as well as the distinctions between art therapy and art activities. Attendees will learn the specific goals art therapists target during individual, group, and family sessions. Images of art made within art therapy sessions will be shown to demonstrate how the use of materials and metaphor helps clients with a variety of psychological, emotional, and relational needs. Attendees will also participate in a hands-on creative experiential activity to better understand how art materials can facilitate therapeutic goals in a safe, non-verbal way.



John C. Wade, Ph.D. is a professor of psychology and the director of the clinical psychology program at Emporia State University. He earned his doctorate in Counseling Psychology at Pennsylvania State University, and completed an internship and post-doc at the University of Missouri. He has published two books: *Strength-Based Clinical Supervision: Positive Psychology Approach to Clinical Training* and *Positive Psychology on the College Campus* as well as numerous professional articles and book chapters. He is a frequent presenter at both the state and national level, and has given numerous train-

ings, including to the physician staff at Olathe Medical Center hospital and the Ohio State University Counseling and Consultation Services as well as frequent professional education workshops. He was recently awarded the Shane J. Lopez Award for Professional Contribution to Positive Psychology by the American Psychological Association.

Positive Psychology Interventions for Treating Anxiety and Depression.—Positive psychology is the scientific study of the factors that enable people to thrive and grow, and to meet life's challenges and hardships with increased resilience. This presentation will provide a comprehensive overview of several Positive Psychological approaches and interventions to treat both depression and anxiety. The clinical application of Positive Psychology to both depression and anxiety will be covered, with an emphasis on practical, easily implemented strategies. The presentation will conclude with practical, research-based strategies to help clients "work smarter, not harder."

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Dr. Whitney Jeter, Ph.D graduated from Kansas State University with her Ph.D. in social/personality psychology in 2016. She currently is an Assistant Professor in the Department of Psychology at Fort Hays State University. Dr. Jeter has extensive research experience exploring the effectiveness of different mindfulness-based techniques on a variety of psychological outcomes including the reduction of stress and anxiety as well as the promotion of relational health and overall well-being. Her most recent research projects were published in the Journal of Positive Psychology and Mindfulness.

Mindfulness-Based Stress Reduction: Research and Practice —This presentation will focus on the construct of mindfulness and how this meditative technique might be used to promote health and well-being in research and clinical settings. The presentation goals are two-fold. First, emphasis will be given to providing an overview that summarizes current empirical research used to conceptualize mindfulness-based practices as well as how mindfulness has been applied in a variety of contexts. Second, the presentation will explore the many benefits of mindfulness-based practices (e.g., reducing stress, anxiety, and depression; promoting relational health; enhancing emotion regulation and empathy) among a variety of populations (e.g., children/youth; young adults; older adults). Resources with information on how to practice and teach mindfulness techniques will be provided — attendees will be guided and encouraged to engage in the practice of mindfulness throughout the presentation!

Max Foster Jr., is the Executive Director for the Kansas Behavioral Science Regulatory Board.

Investigation of Unprofessional Conduct Complaints from the Regulatory Perspective— The objectives for this presentation are the following: 1. Understanding of the process that is used by the Behavioral Sciences Regulatory Board in investigating complaints against licensees. 2. Awareness and identification of the substance of unprofessional conduct activities that constitute violations of BSRB statutes and regulations. 3. Types of remedies that are available to the BSRB upon the determination that statutory violations have occurred

John Caporale, Ph.D., LCP obtained his master's degree in clinical psychology in 1991 from Emporia State University. He obtained his Ph.D. in 2002 from Walden University. He began his practice in 1991 at Family Consultation Service (later FCS Counseling), where he worked exactly 24 years. He has been with Prairie View since 2015.



Systematic Methods for Evaluating and Resolving Ethical Dilemmas—This presentation will cover the objectives: 1. Learn four models for evaluating ethical dilemmas. 2. Learn how the models interact and complement each other. 3. Learn how to apply the models by practicing in groups with ethical problems.

Mail in registration to KAMP, PO BOX 49344, Wichita, KS 67201-9344 or register online at www.KAMPKS.org
For any questions contact us at admin@kampks.org or 785-577-5728

Registration Group discounts available for 4 or more, contact us for more information

Name: _____ Phone: _____
 Address: _____ City: _____
 State: _____ Zip: _____ Email: _____

Registration Fees	Early Bird (by April 6th)			Regular (April 6th—onsite)		
	KAMP Member	Non-Member	Student/Retired	KAMP Member	Non-Member	Student/Retired
Pre-Conference Workshop (4.19.18):	<input type="checkbox"/> \$25.00	<input type="checkbox"/> \$30.00	<input type="checkbox"/> \$15.00	<input type="checkbox"/> \$30.00	<input type="checkbox"/> \$35.00	<input type="checkbox"/> \$15.00
Conference Only (4.20.18):	<input type="checkbox"/> \$65.00	<input type="checkbox"/> \$80.00	<input type="checkbox"/> \$25.00	<input type="checkbox"/> \$70.00	<input type="checkbox"/> \$90.00	<input type="checkbox"/> \$25.00
Workshop & Conference:	<input type="checkbox"/> \$85.00	<input type="checkbox"/> \$105.00	<input type="checkbox"/> \$35.00	<input type="checkbox"/> \$95.00	<input type="checkbox"/> \$120.00	<input type="checkbox"/> \$35.00

Total: _____